

Taaloga faitupe ma poka: o fea e maua ai se fesoasoani



O taaloga faitupe ma poka masini (the pokies) e mafai ona leaga, mafua ai ona leiloa tupe a tagata o a latou teugatupe ma aafia ai mafutaga. Ua mamanuina ia taofi ai oe e taalo ai pea ma mafai ona gau ai le tele o tupe i sina taimi puupuu. O nisi nei o mea e mafai ona e faia pe afai o oe poo seisi lua te masani o tauivi pea ma taaloga faitupe.



Talanoa ise uo poo seisi o le aiga. E mafai ona oulua sailia faatasi mea faigaluega ma lagolago: www.gamblinghelponline.org.au/helping-others.



Faafesoota'i le tagata ofisa o fesoota'iga a lou atunuu i Ausetalia mo se lagolago i le gagana ma aganuu: www.palmscheme.gov.au/contact.



Faafesoota'i Gambling Help Online 24 itula, 7 aso o le vaiaso i le 1800 858 858 poo le faaoga latou online chat poo auunaga faufautua e leai se totonu i SMS: <https://www.gamblinghelponline.org.au/>.

E mafai foi ona e maua auunaga lagolago o taaloga faitupe i Lifeline's website: <https://toolkit.lifeline.org.au/topics/problem-gambling/support-services-for-gambling>.



Faafesoota'i se sui o le Mafutaga o Sootaga o Tagata e maua ai lagolago networks i lou laufanua: www.palmscheme.gov.au/contact.



E mafai foi ona e maua se tusi o faamatalaga ua faaliliuina e uiga i lou nofo ai i le soifua maloloina o le mafaufau iinei i Ausetalia: www.palmscheme.gov.au/resources/mental-and-physical-health.



Afai o oe ose tagata faigaluega o le polokalame PALM ma ua aafia lou soifua manuia, ete maua le laina o auunaga fesoasoani o polokalame PALM i le 1800 51 51 31 mai le 8:30am i le 6:30pm AEST.

Tulimata'i poo lea le mea e tupu

Manatua le sini sa aumai ai oe i Ausetalia ma mea e tatau ona faamuamua ia te oe – lou aiga, nuu, faatuatuga ma lou faamoemoe mo lou toe fo'i i lou aiga. O taaloga faitupe ma poka e mafai ona taufaaamata'u i lou soifua manuia ma ou sini. E lelei le talosaga mo fesoasoani e tumau ai pea i le ala.